

DAY KIDDUSH

STEP-BY-STEP:

1. *Make sure the challahs on the table are covered*
2. *Fill your Kiddush cup with wine or grape juice (some have the custom for the cup to overflow)*
3. *Hold the cup in your dominant hand*
4. *Have everyone at the table in mind*
5. *Start with the blessing of Mizmor L'David*
6. *Everyone responds L'chayim to the leader's Savri Maranan*
7. *Continue with the final blessing*
8. *Everyone else should answer "Amen"*
9. *Sit down and drink majority of the wine*
10. *Top up your Kiddush cup with more wine if necessary to mix it with the original wine*
11. *Pour into cups and distribute to everyone at the table*

DAY KIDDUSH

A psalm of David. The Lord is my shepherd, I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He refreshes my soul. He guides me in the paths of righteousness for His Name's sake. Though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You set a table before me in the presence of my enemies; You anoint my head with oil; my cup is filled to overflowing. May goodness and kindness follow me all the days of my life, and may I live in the House of the Lord for evermore.

If you refrain from following your own pursuits on Shabbat, on My sacred day, and call Shabbat a delight, and G-d's sacred day honourable: If you honour it by not following your own ways, by not seeking your own interests, or talking idly, then you shall delight in G-d's favour, and I will make you ride on the heights of the earth. I will nourish you with the heritage of Yaakov your father, for so has G-d spoken.

The children of Israel must keep the Sabbath, observing the Sabbath in every generation as an everlasting covenant. It is a sign between Me and the children of Israel forever, for in six days the Lord made the heavens and the earth, but on the Seventh Day He ceased work and refreshed Himself.

Therefore the Lord blessed the Sabbath Day and declared it holy.

Attention! My masters.

To life!

Blessed are You, Lord our G-d, King of the universe, Who creates the fruit of the vine.

מִזְמוֹר לְדָוִד, יֵה-וֵה רֵעִי לֹא אַחֶסֶה.

בְּנֵאֻמוֹת דָּשָׁא יִרְבִּיצְנִי, עַל מִי מִנְחוֹת יִנְהַלְנִי.

נִפְשִׁי יִשׁוּבֵב, יִנְחֵנִי בְּמַעְגְלֵי צֶדֶק לְמַעַן שְׁמוֹ.

גַּם כִּי אֶלֶף בְּגִי אֶלְמֹת לֹא אִירָא רַע כִּי

אֶתָּה עִמָּרִי, שְׁבֻטְךָ וּמִשְׁעֲנֶתְךָ הֵמָּה יִנְחֲמֵנִי.

תַּעֲרֹךְ לִפְנֵי שְׁלֹחַן נֹגֵד צִרְדִּי, דְּשִׁנְתִּי בְּשִׁמֹן

רֵאשִׁי בֹסֶר רוּחִי. אֲךָ, טוֹב וַחֲסֹד יִרְפוּנִי כָּל

יְמֵי חַיִּי, וְשִׁבְתִּי בְּבֵית

יֵה-וֵה לְאַרְץ יָמִים.

אִם תִּשָּׁב מִשְׁבֶּת דְּגֻלָּה, עֲשׂוֹת חֲפָצְךָ בְּיוֹם

קֹדֶשׁ, וְקִרְאֵת לְשִׁבֶּת עֲנֵג לְקֹדֶשׁ יֵה-וֵה

מִכְבָּד, וּכְבֹּדָתוֹ מַעֲשׂוֹת דְּרָכֶיךָ, מִמְּצוֹא

חֲפָצְךָ וְדִבְרֵי דְבָר אֲזִי תִתְעַנֵּג עַל יֵה-וֵה

וְהִרְפַּבְתִּיד עַל בְּמַתֵּי אֶרֶץ, וְהִאֲכַלְתִּיד נַחֲלַת

יַעֲקֹב אָבִיד כִּי פִי יֵה-וֵה דִבֵּר:

וְשָׁמְרוּ בְנֵי יִשְׂרָאֵל אֶת הַשְּׁבֶת, לַעֲשׂוֹת אֶת

הַשְּׁבֶת לְדוֹרָתָם, בְּרִית עוֹלָם. בֵּינִי, וּבֵין בְּנֵי

יִשְׂרָאֵל אוֹת הִיא, לְעוֹלָם: כִּי שֵׁשֶׁת יָמִים,

עָשָׂה יֵה-וֵה אֶת הַשָּׁמַיִם וְאֶת הָאָרֶץ, וּבְיוֹם

הַשְּׁבִיעִי, שָׁבֵת וַיִּנָּפֵשׁ

עַל כֵּן בִּרְךָ יֵה-וֵה אֶת יוֹם

הַשְּׁבֶת וּקְדָשׁוֹ:

סְבִרֵי מֶרְנָן:

(לְחַיִּים)

בְּרוּךְ אַתָּה יֵה-וֵה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

בּוֹרֵא פְּרִי הַגֶּפֶן.

Mizmor L'David, Ado-nai Ro-i Lo Echsar. Binot Desheh

Yarbitzeini, Al Mei M'nuchot Y'na-haleini. Nafshi

Y'shoveiv Yancheini V'mag'lei Tzedek L'ma-an Sh'mo.

Gam Ki Ei-leich B'gei Tzalmavet, Lo Irah Rah Ki Atah

Imadi, Shivt'cha Umishantechah Heimah Y'nachamuni.

Ta-aroch L'fanai Shulchan Neged Tzor'rai, Dishanta

Vashemen Roshi, Kosi R'vayah. Ach Tov Vachased

Yird'funi Kol Y'mei Cha-yai V'shavti B'veit Hashem

L'orech Yamim.

Im Tashiv Mishabbat Rag-lechah, Asot Chafatzechah

B'yom Kadshi, V'karata La-Shabbat Oneg, Likdosh Ado-

nai M'chubad, V'chiba-d'to Mei-asot D'rachechah, Mim-

tzo Chef-tz'chah V'daber Davar. Az Tit-anag Al Ado-nai

V'hir-kav-tichah Al Bamatei Aretz, V'ha-achal-tichah

Nachalat Ya-akov Avichah, Ki Pi Ado-nai Diber.

V'sham'ru V'nei Yisrael Et HaShabbat, La-asot Et

HaShabbat L'dorotam Brit Olam. Bei-ni U-vein B'nei

Yisrael Ot Hi L'olam, Ki Sheishet Yamim Asah Ado-nai

Et Ha-shamayim V'et Ha-aretz Uvayom Hash'vi-i

Shavat Vayinafash.

Al Kein Beirach Ado-nai Et Yom HaShabbat

Vay'kad'sheihu

Savri Maranan

(L'chayim)

Baruch Atah Ado-nai, Elo-heinu Melech Ha-olam,

Borei Pri Hagafen.